# RESUME AND PROFESSIONAL PROFILE

of

# James White, Jr., Ph.D, NP, LMSW

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# $\underline{www.Mental Health Michigan.com}$

## **EDUCATION:**

•	Bacone College	1965 - 1967
	- Associates of Arts in Science	
•	Northeastern State University	1967 - 1969
	- Bachelors of Arts in Psychology	
•	University of Kentucky – (Graduate School)	1969 - 1970
	- Graduate work in Clinical Psychology & Business Administration	
•	Pittsburg State University	1972 - 1973
	- Bachelors of Science in Nursing and Masters of Science	(1982 - 1983)
•	Western Kentucky University – (Graduate School)	1975 - 1976
	- Graduate work in Psychology/Behavior Modification	
•	Michigan State University – (Graduate Studies)	1973 - 1974
	- Behavioral Psychology/Therapeutic Interventions	
•	Columbia Pacific University	1982 - 1984
	- Doctorate of Philosophy in Clinical Psychology & Health Services Ada	ministration

# CONTINUING EDUCATION HOURS (CE, CEU, CME) FOR PROGRESSIVE PROFESSIONAL GROWTH

•	Master of Science in Nursing – M.S.N. (psychiatric)	2006 - 2008
•	Doctor of Science in Nursing – D.N.Sc.	2008 - 2010

# **PROFESSIONAL EXPERIENCE:**

•	Navajo Health Foundation (AZ)	10/17 – CURRENT
•	Touchstone Health Services (AZ)	04/17 - 05/17
•	Remuda Ranch (AZ)	10/16 - 04/17
•	Hurley Medical Center/Outpatient & Inpatient (Psychiatry) (MI)	03/06 - 09/16
•	NeuroHealth Management, LLC (MI)	01/06 - 03/06
•	Michigan Institute for Neurobiofeedback	07/91 - 12/05
•	Detroit Health Care for the Homeless (Executive Director)	07/91 - 11/05
•	Workforce Rehabilitation (MI)	10/92 - 10/94
•	Macomb County Sheriff Dept. (MI)	01/93 - 03/94
•	Wayne County Sheriff Dept. (MI)	02/90 - 01/93
•	Sinai Hospital (MI)	02/90 - 02/92
•	Institute for Pain Management (MI)	02/92 - 10/92
•	Michigan Health Center (MI)	11/88 - 06/91
•	Consulting Services Associates, Inc., Private Practice (MO)	12/86 - 11/88
•	Family Counseling and Resource Center (MO)	05/83 - 12/86
•	St. John's Regional Medical Center (MO)	06/82 - 06/84
•	Psychological and Education Service, Inc. (KS)	06/80 - 04/81
•	Crawford County Mental Health (KS) (Executive Director)	08/78 - 05/80
•	Sanilac County Mental Health Services (MI) (Executive Director)	12/75 - 08/78

•	North Central Comprehensive Care Center (KY)	03/73 - 12/75
•	East Arkansas Regional Mental Health (AR)	08/72 - 03/73

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# PROFESSIONAL LICENSURES, REGISTRATIONS AND MEMBERSHIPS:

•	ANA Board Certified – Adult Psychiatric and Mental Health	#040001
•	American Academy of Neurology, Research Scientist Member	#131513
•	American Academy Pain Management, Diplomate	#4689
•	American Academy of Sleep Medicine	#177400
•	American Assembly of Men in Nursing	
•	American Association of Christian Counselors (AACC)	
•	American Association of Neuroscience Nurses	#17254
•	American Board of Forensic Examiners, Fellow and Diplomate	#1907
•	American Board of Forensic Nursing Examiners, Diplomate	#1907
•	American Board of Medical Psychotherapists	#314-1986
•	American Chronic Pain Association	#19967116
•	American College of Forensic Examiners, Fellow	#1907
•	American College of Osteopathic Neurologists and Psychiatrists	
•	American Holistic Nurses Association	#34508
•	American Psychological Association	#31313145
•	American Psychotherapy Association	#13293
•	American Society of Pain Management Nursing	#5365
•	Association For Applied Psychophysiology and Biofeedback	#20108
•	Anxiety Disorders Association of American	#005130
•	Biofeedback Certification Institute of American, Fellow (EEG)	#E1316
•	Board Certified Professional Counselor	#13293
•	Brain Injury Association of America (MI)	
•	Certified Case Manager (CCM)	#13460
•	Certified LMSW (MI)	#11906
•	Certified Nurse Practitioner/Psychiatric (KS) (inactive)	#74015
•	EEG and Clinical Neuroscience Society	#4016030155
•	Gerontological Advanced Practice Nurses Association	#16273111
•	International Association of Forensic Nurses	#15677
•	International Nurse Society on Addictions	#12472
•	International Society of Psychiatric-Mental Health Nurses	#95379
•	International Society for the Study of Neuronal Regulation, Diplomate	#36869
•	Licensed RN (KS) (inactive)	#13-0448840-112
•	Licensed RN (MO) (inactive)	#90669
•	Licensed RN Advanced Practitioner (MI)	#4704156612
•	Licensed RN and ARNP (FL)	#2042372
•	Michigan Association of Professional Psychologists	
•	Michigan Council of Nurse Practitioners	#4704156612
•	Michigan Nurses Association	#4704156612
•	National Academy of Neouropsychology	#22790
•	National Association of Cognitive Therapists	#130204
•	National Counselor Certification – NBCC	#4328
•	National Distinguished Service Registry in Nursing	
•	National Registry of Certified Nurses in Advanced Practice	W0.000=====
•	SIGMA THETA TAU	#0089720
•	Society For Brain Mapping and Therapeutics	#90164649
•	The National Registry of Neurofeedback Providers	#36869

## **ACADEMIC AFFILIATIONS:** (Past and Present)

- <u>Central Michigan University</u> Division of Health Promotion and Risk Reduction Programs of the School of Nursing, Adjunct Assistant Professor
- Madonna University Nurse Practitioner Program, Adjunct Clinical Instructor
- Madonna University Nurse Practitioner Program, Preceptor
- Oakland University Psychology and Human Services, Preceptor
- Union Graduate Institute Adjunct Professor
- <u>University of Detroit Mercy</u> Family Nurse Practitioner Program, Advisory Board
- <u>University of Detroit Mercy</u> Physicians Assistant Program and Department of Health Services, Associate Professor
- <u>University of Michigan</u> Division of Health Promotion and Risk Reduction Programs of the School of Nursing, Adjunct Professor

# **EDITORIAL REVIEW BOARDS:** (Past and Present)

- Advance for Nurse Practitioners, Editorial Advisory Board Member
- Journal of the American Psychiatric Nurses Association, Reviewer
- Michigan Association of Alcoholism & Drug Abuse Counselors, Advisory Board Member
- Michigan Society for Behavioral Medicine & Biofeedback, Advisory Board Member

#### **EMPLOYMENT DATA**

# Hurley Medical Center/Outpatient & Inpatient (Psychiatry)

In this position with Hurley Inpatient Psychiatry, I am responsible for evaluation of each patient (both male and female inpatient unit), prescribing medications, adjusting/changing medications, assessing mental status, and advising/instructing the psychiatric support staff as to how the case needs to be managed (i.e., family conference, perhaps discharge of patient, assessing the emotional/physical needs of the patient, and what dosage and daily medications the patient may receive). In turn, I communicate such findings to the Psychiatric and administrative staff and may have to order a CAT scan, MRI, neurological exam, or lab work for patient. I am involved in these activities three (3) days per week. Outpatient clinic duties consist mostly of medication reviews and further directing the patients therapeutic intervention with Psychologists, Social Workers, Counselors and Substance Abuse Treatment Personnel.

#### Detroit Health Care for the Homeless Inc.

Detroit Health Care for the Homeless (DHCH) is the only federally qualified health care for the homeless organization dedicated to serving the over 10,000 homeless in the Metro-Detroit area. I serve as the Executive Director, performing both Clinical and Administrative duties. Roles include overseeing and advancing DHCH in an effort to meet greater demand of the population we serve. Such emphasis on direct patient care provides opportunity for interaction with a great variety of patient/client needs i.e., physical, emotional, spiritual, and social. The pathology encounters in this population are severe and broad. Experiences in this setting cover pediatrics, adolescents, adults, geriatrics, HIV, and drug abusers, chronic and acute, etc. As a Practitioner, I am required to perform medication reviews, physical assessment and intervention, develop treatment plans, serve as a resource for proper referral of patients, interface with other agencies providing health care to indigent/homeless and serve as a Medical Team Leader for off-site health care delivery. As the Executive Director/Administrator I am required to oversee budgets and staff, as well as implement new and innovative ways of advancing the mission of Detroit Health Care for the Homeless.

## Sinai Hospital - Crisis Clinic Outpatient Psychiatry

In this outpatient crisis clinic I functioned as a Clinical Nurse Specialist/Practitioner in dealing with psychiatric emergencies. The components of this position included intakes and screening, as well as referral of patients experiencing psychiatric emergencies/crisis. Additionally, individual, family and collateral treatment were an integral part of intervention. Direct patient contact in an ambulatory setting was emphasized.

# Wayne County Sheriff Department

As a Psychiatric Practitioner/Consultant with the Wayne County Sheriff's Department, I served primarily in direct patient (inmate) care. Specific duties included development of individual treatment plans; performing exams on inmates; acting as primary therapist for patients in acute and long term care unit of Wayne County Jail; providing psychiatric evaluation and/or treatment of inmates.

#### Macomb County Sheriff Department

The duties at this agency were as described under "Wayne County Sheriff Department."

#### Michigan Health Center

As Program Manager of the Urban Medicine Training Program I worked with medical students, interns and residents. This program focused on the psychosocial aspects in the delivery of health care. I was a member of the teaching staff of the Medical Education Program of this health care network.

#### Institute for Pain Management

Main duties were to be involved in the development of treatment plans for patients seen at this treatment facility. Psychiatric evaluations, consulting with other treating staff, and management of patients with acute and chronic pain.

#### Workforce Rehabilitation

Consulting with an interdisciplinary staff including development of treatment plans for patients undergoing rehabilitative interventions. Focus was on both, acute and chronic pain management.

#### Consulting Services Associates, Inc (Private Practice)

Consulting Services Associates was a full service mental health facility for which I was the Executive Director. Duties included supervision and clinical interventions with a variety of mental health issues. I functioned as a Psychiatric Practitioner and Consultant/Liaison with hospitals and lectured at the colleges and universities in the Joplin area. I maintained considerable involvement in national and local professional concerns, while maintaining a clinical practice.

#### Family Counseling and Resource Center

Private Practice setting for which I was administrator of programs. Duties included writing of grants and proposals, as well as administer programs. However, clinical intervention was the primary focus of this practice. The population consisted of outpatient, family, individual, forensic, groups and pediatrics. I was a consultant to several hospitals in the four-state area and was a part of this practice (privileges at several hospitals in the four-state area as well).

# Psychological and Education Service, Inc.

In this Private Practice setting, I had the opportunity for exposure to a heterogeneous patient population. Most of the population served in this practice were referred by their family physician and/or other health care providers and were primarily neurotic patients/clients. The more severe psychotic disorders were referred to settings offering more structure.

#### Crawford County Mental Health

As Executive Director, my duties consisted of development policies and organization and/or activities which would be implemented in the various clinical programs. Pre-screening inpatient and retarded patients/clients for housing was also a responsibility. Budget recommendations for mental health services to the board, supervision of screening and assigning of cases, assign students and trainees to the various positions in the program. Supervision of personnel through individual or group sessions, evaluate performance, schedule and conduct staff meetings. Duties also included screening of case records periodically for effective case management and conduct sessions on mental health services for various agencies. I made educational presentations to groups to cause further awareness of the community mental health program problems and needs in the community, conducted individual, family and/or group therapy sessions. During my tenure with this agency, I was actively involved with local physicians in the referral of patients/clients for medical strategies. Also, I conducted the general staffing on patient status and planning.

# Sanilac County Mental Health Services

As Executive Director this position involved many of the same duties as described above, under Crawford County Mental Health.

## North Central Comprehensive Care Center

As a Staff Psychologist with this center, I functioned rather autonomously in terms of psycho-diagnostics and general therapeutic modalities. I served as Coordinator of Services in one of the centers located in the West Team of this region. Other duties included working with Vocational Rehabilitation Services, Public Assistance, Child Welfare and other social agencies. While with North Central, there was an intensive working relationship with the Psychiatrists. The age groups which I dealt with in terms of clinical intervention ranged from pre-school to the older adult. With North Central, it was my responsibility to supervise the Partial Hospitalization programs, the Nurses and other professionals/paraprofessional who worked in the programs. I also served at one time as interim Coordinator of the Alcohol Program. It was part of my responsibility to conduct both group and individual sessions for the alcoholic and families. Additionally, I supervised the teaching of the DWI classes.

#### East Arkansas Regional MI-IC

While working with this center, I served as Education Specialist. In this capacity, I worked with the schools in terms of evaluating and recommending placement of children in special education or remedial settings. Also, I was active in coordinating a Consultation and Education Program with the schools. At this time, I carried an individual psychotherapy caseload of approximately twenty-five patients. Duties included marital and family therapy, group therapy, and participation in other therapeutic modalities and psychodiagnostics.

Over ten years of military experience and psychiatric facilities/hospitals are not included in this profile.

#### **PUBLICATIONS:**

White, J. (1981). We wrestle not against flesh and blood. *Open Door*, 4(1), 2.

White, J. (1985, March). Blessed are the stressed. The Lookout, 3-4.

White, J. (1985, January). A spirit of heaviness. *Pentecostal Evangel*, 12-13.

White, J. (1994, August/September). Advanced practitioners: The cutting edge of nursing. *Nursing Excellence*, 18-21

White, J., Mantz, A. (1994). Your practice - your ministry: The battle in our streets. *Christian Medical and Dental Society Journal*, 25(6), 30-31.

Schoonover, L., White, J., Stancil, A. (1999, June/July). Biofeedback: New dimensions in treatment of urinary incontinence. *RN Excellence*, 20-22.

White, J., Deering, D. (2000, June/July). A solid alternative to medication. Nursing Excellence, 14-15.